**Health Syllabus Fall 2021**

**Health Education Learning Objective:**

The learner will demonstrate patterns of healthy behaviors to prevent or reduce the risk of injury and/or illness throughout their lifespan. Students will describe the interrelationships of emotional, physical, social, and intellectual health and how each aspect of health can be impacted by their surroundings. Students will evaluate established health behavior theories and models.

Daily routines:

* Students are expected to log in to the class session 5 minutes before each class is scheduled to begin. Doing so helps you to get settled in and correct any unexpected problems that might occur.
* Roll will be taken
* Daily written warm-ups will be assigned to begin class (5 mins)
	+ Warm-ups must be 5-7 sentences in length to be counted for a grade
	+ We will discuss warm-ups as students share what they wrote (10 mins)
* Lesson Introduction will be given
* Lecture or PowerPoint presentation of the daily lesson topic will occur at this time (20-35 minutes)
* Vocabulary, Lesson Reviews, or Lesson Assessments will be completed at this time (15-20 minutes)
* We will have topic discussions daily after watching health related video clips or shared articles. (15-20 minutes)
* Current Event Articles (Every Friday)
	+ A current event article will be shared that relates to the lesson topic. Students will read the article and answer questions per current event directions that can be located in CTLS class resources or on my blog.
* Closing discussions Q&A (5 mins)

*This is a new and different time for us all, so demonstrating patience and flexibility is important to maintaining sanity and decreasing frustrations.*

Grading System:

* Unit/ Chapter Test 40%
* Class work/ Homework 35%
* Final Exam 10%
* Projects 10%
* Notebooks 5%

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MAKE- UP WORK: All work missed due to an absence must be made up. The responsibility for arranging to complete make-up work is to be assumed by the student and parent in conjunction with the teacher. Make-up work is to be completed by the 2nd day per the students return. Make-up Test may be taken per scheduled time arranged between student and teacher. **All assignments** are due before the start of the next class session unless specified. Assignments not turned in on time will not be accepted and will receive a zero grade.

\*\*\*\*\* All **Current Events (Classwork/Homework)** must be turned in on time/by due date.

All **projects** that are incomplete or not completed as directed will be considered late and not accepted.

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