Weekly Assignments:

* August 18, 2020 - Tuesday –
1. Daily Warm Up (5-7 Sentences)
* What I like most about not being at School
* What I like least about not being at school
1. Virtual I.D.

Complete form found in class resources

1. 15 Minutes of Fame

 Self-Survey Questions (Getting to Know you)

 (class resources)

* + You will submit this by way of form submission below.
	+ If you are unable send it to my email address kefla.hare@cobbk12.org
* August 19, 2020 – Wednesday - Intervention / Planning / Tutoring
* August 20, 2020 - Thursday
* Warm-Up

To me being Healthy Means……… (5-7 Sentences)

 (For example: To me being healthy means getting 8+ hours of sleep nightly)

Don’t use this one, you can come up with your own.

“Body Image Video”

Discussion

* – Current Event:

Go to Coachhare.weebly.com and look under the health tab for the Current Event for the week. This is due tomorrow.

* August 21, 2020 - Friday – Health Preview:

I will post a link to a YouTube video on a health topic of my choice for you to view that will be beneficial to the lessons we are/will learn from. Be prepared to share the following week in a paragraph response based off of any question I may asked in relation to the video.

Read any article about Stress; have a healthy discussion with someone; friend or family about what you read and how this or if this applies to you.

* + Submit work through CTLS submission.

Happy Learning!

Coach Hare